



The JSC Newsletter

Newsletter of the Cleveland Jewish Secular Community

www.jewishsecularcommunity.org

November 2020/5781

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Upcoming Events

Friday, Nov. 13, Shabbat Proram p. 1

Sunday, Nov 15, Board Meeting, 10:30 AM

Virtual Shabbat Program for November

This virtual event employs Zoom technology. See our website www.jewishsecularcommunity.org and click on Holidays and Events.

Date: November 13 at 7 p.m. RSVP by November 11 to pegfishman@gmail.com.

2020-2021 Fri. Shabbat Programs

Nov. 13, 2020. Francis Chiappa, Cleveland Peace Action. "Ban the Bomb! Resistance in the Nuclear Age." (Mark)

Dec. 18, 2020. Laurie Albright and Eileen McCully, "The Coalition to End the Inhumanity at the Cuyahoga County Jail." Why We Need Bail Reform in Ohio. (Mark)

Jan. 29, 2021. Sonny Simon, Cuyahoga County Councilwoman. "Cuyahoga County's Ban on Single-Use Plastic Bags." (Karen)

Feb. 26, 2021. Gregg Philipson, lecturer, educator and collector. "Dr. Seuss Goes to War and Before." (Lynn)

March 19, 2021. Lisa Griffis, photo editor, graphic designer and business owner. "Rescue Your Photos." (Lynn)

April 23, 2021. Emma Renfrew, Development Director, Foundation Beyond Belief. (Lynn)

May 21, 2021. Hannah Servedio, Field Organizer for NARAL, Ohio. "Reproductive Rights in Ohio." (Karen)

"Ban the Bomb! Resistance in the Nuclear Age"

Francis Chiappa, Ph.D., was President of Cleveland Peace Action from 2003 to 2016 and is currently its Communications Chair. Dr. Chiappa is also a clinical psychologist and co-founder of Horizons Counseling Services.

Coping with Covid? Here are some Tips

The World Health Organization (WHO) has helpful information on its website (www.who.int/covid-19/mental_health)

Following is advice for seniors as recommended by WHO:

- **Keep in regular contact** with loved ones, for example, by telephone, e-mail, social media or video conference.

- **Keep regular routines** and schedules as much as possible for eating, sleeping and activities you enjoy.

- **Learn simple daily exercises** to do at home when in quarantine so that you can maintain mobility.

- **Find out how to get practical help** if needed, like calling for Uber, having food delivered or requesting medical care. Make sure you have a one-month supply or longer of your regular medicines. Ask family members, friends or neighbors for support if needed.

COVID-19: One Writer's Point of View

COVID-19: We have seen nothing like it in our lifetime. It could have come out of the imaginings of Edgar Allen Poe at his most paranoid. Following is another writer's take on this world-wide virus. This is an excerpt of Jill Lepore's article from the Sept.7 "New Yorker" magazine:

"A pandemic upends everything, including the relationship between the private and the public, the rich and the poor, the city and the country and the outdoors and the indoors. The coronavirus acts like a miasma and a germ, all at once. It's in the air, it's on the surfaces, it's inside us. There is nothing so wild as a virus and yet no creature so relentless. In search for a home, no matter how unwelcoming the host.

No one knows for certain where the COVID-19 virus came from, but one murky unconfirmed theory has it that a pangolin, dragged from its den, caught in a snare, contracted the virus from a live bat, a winged mammal that sleeps, upside down, in places where even the days are dark: chimneys, caverns, crevices in rocks. A colony of bats

is sometimes called a camp, as if they'd pitched tents. Pangolins are ant-eaters, nocturnal and reclusive; scaly, long-snouted, near-blind, and solitary. Before China shut the Huanan Seafood Wholesale Market, in January, a wildlife section there sold live porcupines, beavers, snakes, badgers, and pangolins. Maybe a pangolin, or some other wild animal, contracted the virus from a bat in that market, where peddlers stacked all sorts of animals in cages, cramped, wretched, filthy, desperate, in stall after stall, as if they had built a little city, half outdoors, half indoors, a mayhem."

Calling All Writers

The editorial policy of the newsletter will be nonpartisan, balanced, and receptive to opposing points of view. Items of opinion do not represent the "official" position of the JSC or its Board of Trustees. We welcome attributed letters with comments, rebuttals, or new information. Subject only to space, time, interest to fellow members, and editorial constraints, your article, told in your own words, will be gratefully accepted.



Cabinet and Its Contents You Might Find Useful

Pictured here is a cabinet with contents that JSC no longer needs but that you might find useful.

These items are currently stored at the Tribco company, the former employer of Dorothy Werblow. If you think you can use any of these items, including the cabinet, contact Dorothy at (216)-408-2840 or werblow@aol.com. Dorothy can meet you at Tribco, 18901 Cranwood Parkway, Warrensville Heights.

Contents:

- 6 wine/water carafes
- 8 plastic pitchers
- 5 large platters
- 2 oval serving bowls
- 2 baskets (probably for bread)
- Packets of honey
- 2 Electric coffee urns
- Microphone system
- Electronic keyboard

The JSC Mission

The Jewish Secular Community, affiliated with the Congress of Secular Jewish Organizations, is a non-profit cultural and educational organization whose purpose is to:

- ✧ *Encourage Jewish identification in a non-theistic setting that draws inspiration from the traditional Jewish sources and values*
- ✧ *Educate adults in the history, culture, and tenets of Judaism*
- ✧ *Celebrate and observe Jewish holidays and life cycle events*
- ✧ *Contribute to the betterment of our society through social action and volunteerism*
- ✧ *Provide a link to a world-wide community of secular Jews*

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