



# The JSC Newsletter

Newsletter of the Cleveland Jewish Secular Community

[www.jewishsecularcommunity.org](http://www.jewishsecularcommunity.org)

May/June 2019/5779

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## Upcoming Events

**Sun., TBA** — Board Meeting

**Sun., June 2** – Annual Meeting/Picnic

## 2019 Friday Shabbat Programs

**May 10**, Jan Ridgeway, Garden Valley  
Neighborhood House

## Shabbat Dinner and Program Friday, May 10, 2019

**First Unitarian Church**, 21600 Shaker Blvd.

**Speaker:** Jan Ridgeway, Board President and  
Interim Director of Garden Valley Neighborhood  
House

**Topic:** Hunger: A Collision of Fact and Fiction

Jan Ridgeway grew up helping on her maternal grandparents' farm, as well as on farms of family friends. She toiled from sunrise to sunset, working the fields from peas and pecans, to picking cotton and harvesting tobacco. By the time Jan reached her teenage years, she decided farming was not for her.

However, today over 50 years later, Jan runs the largest food pantry in Ohio, as well as the Kids Kitchen Garden, a culinary training program and

café for youth ages 14-17. She is an advocate for a holistic approach to hunger relief and for fresh and local produce.

Meet and mingle at **6:30 pm**  
Shabbat program at **6:45 pm**  
Potluck dinner at **7:00 pm**  
Speaker **8:00 - 9:00 pm**

**RSVP by Wed., May 8**, to Peg Fishman at  
(440) 349-1330 or [pegfishman@gmail.com](mailto:pegfishman@gmail.com).

Last names **A-D** and **H-Z** bring a side dish or salad for 6 (couples please bring enough for 12); **E-G** bring a dessert for 10 (couples please bring enough for 20). Please bring a list of ingredients and pre-cut if possible. The community will provide chicken, challah, wine, drinks, and all serving utensils.

If possible, bring your own plates and silverware to help us reduce trash and keep our environment "green."

## Annual Meeting/Picnic



The annual JSC meeting and picnic will take place on **Sunday, June 2**, at **Frohning Meadows, Katydid Shelter, 16780 Savage Road in Bainbridge, Ohio**. Savage Road is off of Rt. 422, halfway between downtown Chagrin Falls and Rt. 306.

The business portion of the outing will start at 11:00 a.m. Members will vote on the slate of officers and board members that the nominating committee has identified.

Following JSC business, a great picnic lunch is planned--free for members.

If possible, bring your own plates and silverware to help us reduce trash and keep our environment "green."

## **CSJO 2019 Cleveland Conference Taking Shape**

**You will want to set aside May 24-27**, the dates that our umbrella organization--the Congress of Secular Jewish Organizations (CSJO)--is holding its annual conference at Ursuline College in Pepper Pike. The theme of the Conference: Jews in Comedy: So Funny You Could Platz!

The Conference will open with an Oneg Shabbat hosted by JSC on Friday evening, **May 24, 5 p.m.** The Keynote address and workshops take place on Saturday and Sunday, **May 25 and 26.** Keynote speaker is Bennett Muraskin, author of four books and former adult education director of the Jewish Cultural School and Society in Northern New Jersey. The workshops include such topics as: A Jewish Mother and Daughter, Fanny Brice, The Limits of Jewish Humor and more! Saturday evening is set aside for dinner and entertainment, which starts at **5:45 p.m.**

For the complete Conference schedule and Registration forms, please click on the following link:

[www.csjo.org/csjo-2019-registration](http://www.csjo.org/csjo-2019-registration)

## **The Social Scene**

You turn on the tap and, voila, water... something we do everyday and take for granted. Now you can learn all about this essential component to our lives by signing up for a tour of the Cleveland Water Plant. Marcia Rosenthal has put together a special tour of this fascinating facility in celebration of National Water Week.

Cleveland Water Plant  
11216 Stokes Blvd.

### **Saturday, May 11**

- Tour starts at 11:30, but plan to arrive at least 15 minutes earlier.
- Everyone will sign a waiver and it is recommended you wear closed-toe shoes.
- No photos allowed.
- Tour is 30-45 minutes in length
- On-site food trucks and refreshments available
- Limited to 15 people per group tour, so sign up now by contacting **Marcia Rosenthal, (440)-478-0099, or sunchoke@sbcglobal.net**

## **JSC Calendar for 2019-20**

Shabbat – Fri., Sept. 13	6:30 – 9 pm
Rosh Hashanah – Mon., Sept. 30	10 am – 1 pm
Yom Kipper – Tues., Oct. 8	7:30 – 9 pm
Yom Kipper Break Fast – Wed. Oct. 9	4 pm – 6 pm
Sukkot – Sun. Oct. 13 (Todd's house)	11 am
Shabbat – Fri., Oct. 18	6:30 – 9 pm
Shabbat – Fri., Nov. 15	6:30 – 9 pm
Shabbat/Hanukkah – Fri., Dec. 27	6:30 – 9 pm
Shabbat – Fri., Jan. 17	6:30 – 9 pm
Shabbat/Tu Bishvat – Fri., Feb. 7	6:30 – 9 pm
Shabbat/Purim – Fri., March 6	6:30 – 9 pm
Shabbat – Fri., April 3	6:30 – 9 pm
Passover – Sun., April 5	5:30 – 9 pm
Shabbat – Fri., May 1	6:30 – 9 pm

## **Calling All Writers**

The editorial policy of the newsletter will be nonpartisan, balanced, and receptive to opposing points of view. Items of opinion do not represent the "official" position of the JSC or its Board of Trustees. We welcome attributed letters with comments, rebuttals, or new information. Subject only to space, time, interest to fellow members, and editorial constraints, your article, told in your own words, will be gratefully accepted.

## Village in the Heights



What do you need to stay in your home as long as possible? Village in the Heights is a new membership organization designed to help you. The Village in the Heights, an all volunteer organization, provides members with no-cost services such as transportation to/from doctors and groceries; help with simple household and technical tasks. Our volunteers can help with your computer or cell phone or replace light bulbs that might require a ladder.

Regularly scheduled programs are both informational and social. In March a program at the South Euclid Branch of the Cuyahoga Library focused on home security, safety in the home with such items as easy-to-use door knobs and faucets. Who might help put in an appropriate ground floor bedroom and bath without changing the basic home design? Village members who no longer drive got transportation to the event.

Because socialization is important to Village members, there are monthly "Happy Hours" at various local restaurants/bars. Arrangements have been made to assist members to get to the movies and other cultural events. One member says that since joining the Village, "I have been able to participate in many activities which I had given up when I could no longer drive".

More information at the website:  
[www.villageintheheights.org](http://www.villageintheheights.org) or by calling the Village at 216-512-1844.

--Kathe Mayer

## Graham's Story: Hope and Inspiration



**Autism is very much in the headlines** and a growing concern to parents of child-bearing years.

The latest news about this disorder, though, is encouraging due to advances in the methods of therapy.

JSC member Cindy Goldberg's grandson, Graham, was diagnosed with severe non-verbal Autism a few weeks before his third birthday. Mom Amy and Dad Charlie have seen Graham progress over the years (Graham is now 9) due to the efforts of a dedicated team of therapists at Associates of Pediatric Therapy (APT) of Louisville, Ky.

They have worked with Graham over the past 5 years and have watched his progress in so many ways. (The highlight was when he said "Mom and Dad.")

In April Graham was nominated by APT with the well-deserved honor of Patient of the Month.

For more on this inspiring story, click on the link below:

<https://www.kidtherapy.org/april-patient-month-graham/>

**Please fill out the following food identification label and bring it along with your dish. This will allow members to:**

- determine whether or not they can or want to eat the food that you brought, due to allergies, sensitivities, or general likes/dislikes
- talk to you about the dish you brought
- thank you if they love the dish you brought
- ask you for the recipe

<p>Food Identification</p> <hr/> <p>Name of Food</p> <hr/> <p>Brought by</p> <p><input type="checkbox"/> <b>Gluten Free</b> (contains <b>NO</b> wheat, barley, rye, oats)</p> <p><input type="checkbox"/> <b>Vegetarian</b> (contains <b>NO</b> animal products)</p> <p>Contains other allergens, including: <input type="checkbox"/> Eggs <input type="checkbox"/> Fish <input type="checkbox"/> Soy <input type="checkbox"/> Shellfish <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Peanuts <input type="checkbox"/> Other _____</p> <p><i>Please list carefully as those with allergies can have severe and harmful reactions.</i></p>
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– Lori Berenson

## The JSC Mission

*The Jewish Secular Community, affiliated with the Congress of Secular Jewish Organizations, is a non-profit cultural and educational organization whose purpose is to:*

- ✧ *Encourage Jewish identification in a non-theistic setting that draws inspiration from the traditional Jewish sources and values*
- ✧ *Educate adults in the history, culture, and tenets of Judaism*
- ✧ *Celebrate and observe Jewish holidays and life cycle events*
- ✧ *Contribute to the betterment of our society through social action and volunteerism*
- ✧ *Provide a link to a world-wide community of secular Jews*

## JSC Leadership Contacts 2018 - 2019

### President

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\*Member of JSC Board of Trustees